

HEALTH AND FITNESS SUITE INDUCTION PROGRAMME

Before using the Health and Fitness Suite, all pupils must have an Induction Programme signed and dated by a member of the PE Department to ensure that they can safely use our fitness equipment.

THE RULES

1. Pupils must wear sports footwear and clothing. (Not school uniform).
2. No food and/or drink will be allowed in the area.
3. Bags are to be stored in the changing rooms.
4. Only one person should use each piece of equipment at any one time.
5. Unacceptable behaviour, damage or misuse of the equipment will result in a ban from the facility.
6. Report any faulty/damaged equipment to your teacher.

This is to certify that _____

Form _____

has successfully completed an Induction Programme to enable them to use the Health and Fitness equipment.

Signed: _____ (Teacher) Date: _____

I agree to follow the safety rules and requirements.

Signed: _____ (Pupil) Date: _____